

# DON KROLAK M.A.ED

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## PROFESSIONAL PROFILE

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- 24 years football coaching experience with an emphasis on teamwork, competitiveness, and perseverance.
- 30 year Math Educator with IB Diploma training and Maricopa Community College Dual Credit Certification.

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## PROFESSIONAL VALUE OFFERED

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- Technical expertise in football and program development and management.
- Technical expertise in prescribing strength and conditioning programs for large groups.
- Demonstrated success evaluating a program and making changes based on findings and needs of the program.
- Strong advocate for athletes to participate in multiple sports.
- Demonstrated ability working with diverse student populations.

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## COACHING EXPERIENCE

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### TEMPE HIGH SCHOOL - TEMPE AZ. 2011-2015

#### Varsity Offensive Coordinator

- Created a scalable and flexible offensive system.
- Create a communication system informing the QB towards the weakest area of the defense.
- Extensively used Hudl, a web based scouting platform.
- Created weekly game plans using a game situation model.
- Created daily practice plans aligned to the weekly game plan.
- Created weekly scouting reports and play-sheets for players.
- Produced an interactive offensive playbook.
- Coached the offensive line.

#### Highlighted Achievements / Additional Coaching

- Record as Offensive Coordinator 33W-12L.
- Conference Champions 2013-2015. State Playoffs 2013-2015.
- Average +400 yards offense per game.
- QB set the Arizona State Record for Career Passing yards.
- Assistant Track Coach. 2011- Current.

### BASHA HIGH SCHOOL - CHANDLER, AZ. 2004-2011

#### Varsity Offensive Line Coach-Running Game Coordinator

- Produced weekly run blocking and pass protection adjustments.
- Produced weekly scouting reports for players. Using Hudl & APEX
- Created an offensive lineman self-evaluation system.
- Designed strength training and speed, agility and quickness protocols for football program.
- Taught Olympic weightlifting techniques.

#### Highlighted Achievements / Additional Coaching

- Varsity OL Coach & Run Game Coordinator Record 38W-22L.
- State Playoffs 2006-2009, Semifinals 2009.
- Freshman Offensive Line Coach 2004-2005, 2010. Record 14W-4L.
- Head Track Coach 2008-2011. Assistant Track Coach 2005-2007.

### SANTA FE INDIAN SCHOOL - SANTA FE, NM. 1995-2004

#### Head Football Coach / Assistant Athletic Director

- Overall Record 16W-29L.
- Doubled participation in football program.
- Spearheaded the design, financing and construction of the school's 1st strength training facility.
- Taught Olympic Weightlifting.
- Head Track Coach 2000-2004. Assistant Track Coach 1995-1999.

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## TEACHING EXPERIENCE

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- Pre-Calculus
- International Baccalaureate Mathematics SL
- Trigonometry
- Algebra I, II
- College Math
- Pre-Algebra
- Applied Math, Math Lab
- Drop-Out Prevention General Math
- Strength & Conditioning
- Olympic Weightlifting

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## EDUCATION

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**MASTER OF ARTS WITH DISTINCTION: EDUCATIONAL LEADERSHIP**  
**University of New Mexico, Albuquerque, NM**

**BACHELOR OF SCIENCE: MATHEMATICS EDUCATION**  
**Ohio State University, Columbus, OH**

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## CERTIFICATIONS

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- Arizona Standard Education 7-12, with SEI Endorsement.
- Valid AZ DPS Fingerprint Card
- Valid NFHS Certificate. Fundamentals of Coaching & Concussion In Sports.
- USA Olympic Weightlifting Club Coach.
- National Strength/Conditioning Association Fly Solo Strength Trainer.
- USA Level 1 Track and Field Coach.
- Arizona Commercial Class B Driver's License.